

# ELITE TENNIS LESSONS ages 3 - 10



**ME** Mequon Elite

**NS** North Shore Elite

Class	club	Days	Times
<b>Tiny Tot I (3 &amp; 4 years old)</b> Tiny Tot Tennis teaches hand-eye coordination and tennis fun using pint-sized equipment and age appropriate lesson plans. It's a fun-filled introduction to the great lifetime sport of tennis.	<b>ME</b>	Mondays Tuesdays Thursdays Fridays Saturdays	3:30-4:00 p.m. 10:30-11:00 a.m. 11:00-11:30 a.m. 3:30-4:00 p.m. 12:00-12:30 p.m.
	<b>NS</b>	Mondays Tuesdays Saturdays Saturdays	4:30 - 5:00 p.m. 9:00 - 9:30 a.m. 9:30 - 10:00 a.m. 11:00 - 11:30 a.m.
<b>Tiny Tot II (5-6 years old)</b> Growing bigger and getting stronger Tiny Tot II lessons now last an hour.	<b>ME</b>	Mondays Wednesdays Saturdays	4:00-5:00 p.m. 12:00-1:00 p.m. 9:00-10:00 a.m.
	<b>NS</b>	Mondays Tuesdays Wednesdays Saturdays	5:00 - 6:00 p.m. 9:30 - 10:30 a.m. 4:00 - 5:00 p.m. 10:00 - 11:00 a.m.
<b>YOUNGSTARS (7-10 years old)</b> Put together with special care this program gives younger players a fun-filled introduction to the game of tennis which they can enjoy for a lifetime. Students learn basic tennis & athletic skills while developing social skills & group attitudes.	<b>ME</b>	Mondays Tuesdays Thursdays Saturdays	5:00-6:00 p.m. 4:00-5:00 p.m. 6:00-7:00 p.m. 9:00-10:00 a.m.
	<b>NS</b>	Mondays Tuesdays Wednesday Thursday Saturdays	4:30 - 6:00 p.m. 5:00 - 6:30 p.m. 5:00 - 6:00 p.m. 4:30 - 5:30 p.m. 9:00 -10:00 a.m.

# JUNIOR TENNIS LESSONS ages 10 - 18

Class	club	Days	Times
<b>FUTURE STARS I</b> <b>10 - 14 years old</b> Futurestars learn tennis is fun. Tennis is a game, which unlike many team sports, can be enjoyed at any age, anytime. Players ages 10 - 16 learn a solid foundation of strokes and strategies in a stimulating environment using success-oriented instructional methods.	<b>ME</b>	Tuesdays	5:00-6:00 p.m.
		Tuesdays	6:00-7:00 p.m.
		Wednesdays	4:30-6:00 p.m.
		Thursdays	6:00-7:30 p.m.
		Saturdays	10:00-11:00 a.m.
	<b>NS</b>	Mondays	4:30 - 6:00 p.m.
		Tuesdays	5:00 - 6:30 p.m.
		Saturdays	10:00 - 11:30 a.m.
<b>FUTURE STARS II</b> <b>10 - 14 years old</b>	<b>ME</b>	Wednesdays	4:30-6:00 p.m.
		Thursdays	6:00-7:30 p.m.
	<b>NS</b>	Mondays	4:30 - 6:00 p.m.
		Tuesdays	5:00 - 6:30 p.m.
		Saturdays	10:00 - 11:30 a.m.
<b>HIGH SCHOOL EXCELLENCE</b> This program is specially designed for Junior Varsity and Varsity team members, teaching both technique and strategy for singles & doubles play. A large segment of this program deals with the mental side of the game which is essential for being successful in competitive play.			
<b>High School Excellence I &amp; II</b> <b>Jr. Varsity &amp; Varsity</b>	<b>ME</b>	Mondays	3:30 - 5:00 p.m.
		Wednesdays	3:00 - 4:30 p.m.
		Saturdays	11:00 a.m. - 12:30 p.m.
	<b>NS</b>	Thursdays	5:00 - 6:30 p.m.
		Saturdays	11:30 a.m. - 1:00 p.m.

