

TRX plus Pilates

Spend half an hour with Seth Eckl doing TRX followed by half an hour with Selina Giacinto in the Pilates studio.

This is a great way to diversify your workout, feel the burn, and leave feeling stretched out

Call West Brookfield to schedule with Seth or Selina (262) 786-3330



3 sessions for \$120 Great Deal!

1 hour TRX & Pilates only \$50

(Hour Pilates one-on-one training alone normally \$60!)

**Elite Sports Club ~ West Brookfield
600 N. Barker Rd.**