



14 and up.



High School & College  
Diamond Dancer's

# Dance Intensity Workshops

Saturday, 12-3pm

June 19, July 17 & August 21

Are you a dancer who wants to learn more technique, new choreography, or better your performance ability? Sign up for a "Dance Intensity" Workshop. This is a one-day dance training workshop taught by members of the "Diamond Dancers", the professional dance team for Milwaukee's Major League baseball team. At the workshop, dancers will learn 3 different pieces of choreography that they can challenge themselves with or take back to their high school or college dance team. The workshop will introduce and go over a wide variety of technique. Dancers will also learn ways to better their technical ability through flexibility and strength training. This is a great way to prepare for your upcoming high school dance season, college dance team or trying out for a professional dance team like the Diamond Dancers! Those participating will receive a CD with the music from the workshop and snacks.

Each individual workshop, Member: \$40, Non-member \$50.  
Sign up at the North Shore Elite front desk, contact Jodi Schmidt with questions at 414-351-2900.  
Workshop Location: North Shore Elite, 5750 N Glen Park Road, Glendale.