

Outdoor Beach Body Challenge



June 1 - August 31

Morning: Monday & Wednesday 8am

Evening: Tuesday & Thursday 6pm

Saturday: 8am (Complimentary)

- ⦿ Burn fat, and define muscle with certified Personal Trainer, Gage Livingston.
- ⦿ Participants meet 3-5 days per week at Klode Park in Whitefish Bay.
- ⦿ Lose the greatest percentage of body fat each month, win a free personal training session.



12 weeks, 3 or 5 sessions per week.

Member: \$99 per month 3 per week, \$169 5 per week.

Non-Member: \$139 per month 3 per week, \$199 5 per week.