

# SWIM LESSONS

**Mequon Fall 2010**

## Children's Group Swim Lessons

**Session 1 September 13 - October 21**

**Session 2 November 1 - December 16**

(No lessons week of November 22)

\$59

### Mondays OR Thursdays

4:00 p.m. Seahorses

4:30 p.m. Starfish

5:00 p.m. Seals

5:30 p.m. Dolphins

Advanced levels available on a private lesson basis

## Toddler & Me

**October 5 - 26**

Tuesdays 10:30 am

\$39

## Swim Club

**September 14 - December 14**

(Does not meet November 23)

Tuesdays, 4:00 - 5:00 p.m.

\$99

Our Elite swim club will enhance your child's swimming and fitness, in a fun, non-competitive format. Participants must be 7 years of age and able to swim 50 yards.

## Special Needs Group Lessons

**November 4 - December 16** (No lessons November 25)

Thursdays 6:45 p.m. \$64

## Adult Group Lessons

**Session 1 September 13 - October 4**

**Session 2 October 11 - November 1**

**Session 3 November 8 - December 6** (no lessons November 22)

\$39

Level 1 7:00 p.m.

Level 2 & 3 7:30 p.m.

Level 1 adult lessons are for the non-swimmer. We will work on floating, breathing, and basic arm and leg motions. Level 2 lessons focus on breathing and stroke development. Level 3 lessons advance to stroke refinement and setting up a workout plan. (All of these skills can also be addressed on a private lesson basis.)

## Private Swim Lessons (adult or child)

**30-minute lesson ~ Price per person (member)**

one participant \$20

two participants \$15

three participants \$10

**45-minute lesson ~ Price per person**

one participant \$30

two participants \$20

three participants \$15

**60-minute lesson ~ Price per person**

one participant \$40

two participants \$25

three participants \$20

Non-member pricing available upon request.

\*In the event of cancellation, all private lessons must give the instructor 24 hours notice, or they will be billed.

**Group Lessons NO MAKE UPS - NO PRO-RATES**

## Elite Swim Lesson Registration Form

Child's name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone \_\_\_\_\_

email \_\_\_\_\_ @ \_\_\_\_\_

Class / Dates \_\_\_\_\_

Class / Dates \_\_\_\_\_

Total Fee \_\_\_\_\_

Elite Club Charge  Check  Charge Card VISA  MASTERCARD   
Card Number # \_\_\_\_\_ Exp. \_\_\_\_\_

**Elite Sports Club, Mequon, 11616 N. Pt Washington Rd.,  
(262) 241-4250, FAX (262) 241-4384**

Waiver: I hereby acknowledge and agree to the limitations, rules and regulations of the Elite Clubs. I hereby for myself and my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the staff of Elite, their respective agents and sponsors, for any and all injuries suffered during my child's participation in this program. Furthermore I will be responsible for any and all damages caused by my child. (Waiver will need to be signed by Parent/Guardian at the club.)

Signature \_\_\_\_\_