

# Fit Into Your Jeans

**Monday & Wednesday**

**12:00 - 1:00 p.m.**

**Friday 11:00 a.m. - 12:00 p.m.,**

**Feb. 1 – March 12**

**6 week program with as many as 18 sessions!**

Its time to drop another jeans size by participating in a program that changes your lower body. Join Jen, Anne and Tammy for 18 group training sessions over 6 weeks. Your workouts combine cardio intervals, lower body strength training and solid core work.

The Biggest "loser" will win a \$100 credit toward a new pair of designer jeans from The Next Door in Sendiks Towne Center.

6 week program, \$299 Member, \$349 Non-Member



**eliteclubs.com**

## 2010 Elite Registration Form

Child's name \_\_\_\_\_

Parent's Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Day phone \_\_\_\_\_

email \_\_\_\_\_ @ \_\_\_\_\_

Class / Dates \_\_\_\_\_ Total Fee \_\_\_\_\_

Elite Member? Home Club \_\_\_\_\_ Non-member Total Payment \_\_\_\_\_

(Non-members must pre-pay) Payment Type (circle 1)

Elite Club Charge  Check  Charge Card VISA  MASTERCARD

Card Number # \_\_\_\_\_ Exp. \_\_\_\_\_

Activity Code \_\_\_\_\_

Brookfield Elite East 13825 W. Burleigh Rd.,  
(262)754-3467, FAX (262) 786-9619

Waiver: I hereby acknowledge and agree to the limitations, rules and regulations of the Elite Clubs. I hereby for myself and my heirs, executors, and administrators, waive and release any and all claims for damages I may have against the staff of Elite, their respective agents and sponsors, for any and all injuries suffered during my child's participation in this program. Furthermore I will be responsible for any and all damages caused by my child. (Waiver will need to be signed by Parent/Guardian at the club.)  
Signature \_\_\_\_\_