

FALL 2010 Indoor Pool Schedule

day/time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 a.m.							7:00 a.m.
8:00 a.m.							8:00 a.m.
9:00 a.m.						H2O Blast 8:30 - 9:30	9:00 a.m.
10 a.m.		Swim Lessons 10:00 - 11:00				Swim Lessons 9:30 - 11:00 a.m.	10 a.m.
11:00 a.m.		H2O Blast 11 am - Noon		Aqua Zumba 11 am - Noon			11:00 a.m.
12 Noon			OFS				12 Noon
1:00 p.m.	O.F.S. 10:00 a.m. 6:00 p.m.		Swim Lessons 1:00 - 2:00 p.m.	O.F.S. 12 Noon 3:30 p.m.	OFS 10:00 a.m. - 6:00 p.m.		1:00 p.m.
2:00 p.m.		O.F.S. 12 Noon 4:30 p.m.				OPEN FAMILY SWIM POOL GUARDED during these hours Saturday & Sunday Noon - 6:00 p.m.	2:00 p.m.
3:00 p.m.			O.F.S. 10:00 a.m. 6:00 p.m.				3:00 p.m.
4:00 p.m.				Swim Lessons 3:30 - 5:30 p.m.			4:00 p.m.
5:00 p.m.	OFS	Swim Club 4:30 - 5:45 p.m.					5:00 p.m.
6:00 p.m.	H2O Blast 6 - 7 p.m.	Swim Club 5:45 - 6:15 p.m.	H2O Blast 6 - 7 p.m.				6:00 p.m.
7:00 p.m.		Aqua Boot Camp 6:30 - 7:30					7:00 p.m.
Pool open for adult lap swimming daily until the club closes							

Family Swim Hours

(No life guard on duty)

M & W 10:00 a.m. - 6:00 p.m.
 Tuesday 10:00 a.m. - 4:30 p.m.
 Thursday 10:00 a.m. - 3:30 p.m.
 Friday 10:00 a.m. - 6:00 p.m.

Guarded Swim

Saturday & Sunday 12 noon - 6:00 p.m.

Swim Lessons Session

Session I Sept. 14 - Oct. 23
 Session II Nov. 2 - Dec. 18

Swim Club

meets Tuesday 4:30 - 5:45 p.m.
 Sept. 14 - Dec. 14

Jr. Swim Club

meets Tuesday 5:45 - 6:15 p.m.

Also watch for posted Special Events

- Unless designated O.F.S, lesson, or posted "Special Event", the indoor pool is an **ADULT ONLY LAP SWIM POOL**.
- We will try to accommodate lap swimmers by keeping ONE lane of each pool open during lessons. Except Tues. 4:30 - 6:15 p.m.
- Juniors may only use the pool when enrolled in lessons or during Open Family Swim.
- Private swim lessons may be scheduled at any time.
- Whirlpool is restricted to people over the age of 12.